

Marriage Preparation Session 3

Finance and Communication

- Diocese of Colorado Springs

Finance

- Money a cause of divorce?
- What does God say about money?
- Stewardship, what is it? How do you do it?
- Financial planning
- Banking and insurance changes

Communication

- **Effective communication**
 - Acknowledging language
 - Active listening
 - Body language
 - Corporate language
 - Would you say that to your boss?
 - It is ok to find effective communication styles in marriage.
- **Conflict resolution**
 - Learning to put the other first – self sacrifice
 - Four elements of conflict resolution
 - Saying “I’m sorry” and meaning it!
 - Sacrament of Reconciliation

Communication (con't)

- **Decision making**

- Corporate approach
- You should never feel like you need to know all of the answers. Seek good counseling from experts before making critical decisions.
- Lovers should not be at odds. Seek out and discuss more options.
- Couples should find a method that works and use it.